

Methadone Maintenance Treatment (MMT)

This document is prepared by www.pharmasist.ca

1. ODB Reimbursement

- One ODB dispensing fee per day for Methadose.
- No compounding fee allowed.
- No patient co-payment for ODB eligible patients.
- Drug cost + ODB markup reimbursed.

Preparation Requirements

- Must use Methadose 10 mg/mL.
- Dilute to 100 mL final volume.
- Tang® or suitable vehicle acceptable.
- Not considered compounding.
- Must measure accurately to 0.1 mL.
- Graduated cylinders not acceptable.

Carry Bottle Requirements

- Child-resistant caps.
- Date of ingestion required.
- Transport in lockbox.
- Return empty bottles when possible.
- Remove labels before destruction.

2. Witnessed Dose Checklist

- Verify patient identity and health card.
- Assess intoxication before dosing.
- Confirm no duplicate dose received elsewhere.
- Review missed dose history.
- If ≥3 consecutive doses missed → refer prescriber.
- Witness ingestion.
- Verify full consumption.
- Monitor patient after dosing.

Required Carry Labels

- Total methadone dose in mg.
- "Drink entire contents of bottle".
- Date for ingestion.
- "Keep Refrigerated".
- Fatality warning statement.

Documentation

- Patient name.
- Dose administered.
- Date and time.
- Location of administration.
- Observation record retained.
- Physician administration records obtained daily.

3. Prescription Requirements

- Start date and end date.
- Supervised dosing days.
- Take-home dose schedule.
- Number of carries.
- Methadone dose written in numbers and words.
- Signed valid prescription.

College Notification

- Intent to dispense methadone.
- Accepting new patients status.
- Trained pharmacist names.
- Hours of operation.
- Transfer-of-custody services.
- Changes reported within 7 days.

Training Requirements

- CAMH ODT Core Course.
- DM trained within 6 months.
- Staff pharmacist trained within 1 year.
- Training renewal every 5 years.
- Relief pharmacists informed.

4. Fast Inspection Checklist

- Using Methadose (not compounded methadone).
- Correct DIN verified.
- Narcotic log maintained.
- Inventory matches purchases and dispensing.
- 100 mL dilution used.
- Accurate measuring device available.
- Patient policy available.
- Documentation complete.
- Labeling compliant.
- Training records current.